ADHD in schools

17/02/2002

In class support

- Stay calm
- Chunk tasks
  - Sequenced
  - Timed
  - One thing at a time
- Individual attention
  - Eye contact
  - Praise
    - Little and often
    - Rewards
    - Verbal and non-verbal
  - Secret signal to stay on task
  - Feedback
    - Immediate
    - Frequent
    - Consistent
    - Redirect to task
- Help student organise him or herself
  - Timetable
  - Tasks
  - Homework
  - Use memory maps
- Don't pick up every little misbehaviour
  - Remember to criticise the behaviour not the student
  - Catch them being good
- Give legitimate opportunities for movement
- Three 'R's
  - Routine
  - Regularity
  - Repetition

Behaviour support

- Need to help the student
  - Control behaviour
  - Raise self-esteem
  - Deal with other students' reactions
  - ! Learn how to learn
- Support group
  - With other ADHD students
    - Not alone
    - Supportive
  - With good role models
    - Learn from peers
- One-to-one work
  - With a knowledgeable adult

Classroom organisation

- Needs good role models
- Firm but fair control of class
- ! Remember! Often high IQ but underachieving
- Small class sizes
- Opportunities to succeed
  - Different kinds of tasks
- Stability
  - Same LSA
  - Same teacher
- Sit away from distractions